

6 CHARACTERISTICS OF HIGH-PERFORMERS

On a scale of 1-10 (10 being the highest), where do you currently rate yourself in these areas?

1

SWITCHED ON -
WIRED AND
READY TO 'GO'

1. 2. 3. 4. 5. 6. 7. 8. 9. 10

2

OPEN AND
INTERESTED

1. 2. 3. 4. 5. 6. 7. 8. 9. 10

3

HONEST AND
CAPABLE

1. 2. 3. 4. 5. 6. 7. 8. 9. 10

4

CONFIDENT
WITH DESIRE TO
CONTINUALLY
IMPROVE

1. 2. 3. 4. 5. 6. 7. 8. 9. 10

5

PATIENCE AND
PERSEVERANCE

1. 2. 3. 4. 5. 6. 7. 8. 9. 10

6

EXPRESS
GRATITUDE

1. 2. 3. 4. 5. 6. 7. 8. 9. 10

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List one item in each of the categories that you can work on over the next month to improve your score.

1

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